



Lexington Field & Garden Club

140 Years of Making Lexington More Beautiful

Volume 7 Issue 2 • October, 2016

email: LFGC024@gmail.com

October 2016 newsletter

September has been a busy month! We have had our first general meeting and all of our subgroups have had their first. We have participated in Art-a-Blooming, had our first field trip, and hosted a social for new members. All are welcome at the GCFM Fall conference on October 25. For more information go to <http://www.gcfm.org/Meetings/FallConference.aspx> This is a good chance to make new friends and learn.

Let's go green to get our globe clean

— *Mary*



Remember that this meeting is on the third Wednesday in the evening at St Brigid, Keilty Hall



Wed. Oct. 19 Your Community Farm: Adventures in Organic and Sustainable Agriculture. LexFarm President Allison Guerette and member Carolyn Goldstein will collaborate with Farm Manager Tim Hines on an engaging presentation about Lexington Community Farm. They will explore the history of farming on the site, review the mission of the Lexington Community Farm, and describe why its board and staff have chosen to adopt “organic” or sustainable growing practices. 6:30 p.m. refreshments, 7 p.m. program at Keilty Hall, St. Brigid's Church, lower level.



Deck the Halls with Lexington Field and Garden Club



Home for the Holidays: A new Garden Club tradition! A fun event for family, friends, and visitors. Peek behind the doors of seven beautifully decorated Lexington homes on Sunday, December 11th, 1 - 5 p.m. Advance tickets are available online at www.lexgardenclub.org, at our next two meetings, and at small group meetings.


Prices are \$25 Member/\$30 Nonmember/\$10 youth (ages 5 - 18). Same day prices are \$5 extra for adults. On tour day, pick up your brochure and map for the self-guided tour at Church of Our Redeemer, 6 Meriam Street, between 12 p.m. - 4 p.m. Parking and refreshments.

Interested in Volunteering? You will be able to sign up (via SignUpGenius or at our meetings) for a 2-hour shift at a house or selling tickets at our tour headquarters, which will entitle you to a \$15 ticket. Other jobs will be available helping with refreshments, flyer distribution, and other tasks.



Be sure to check Lexington Field & Garden Club on Facebook for gardening tips and news

SignUpGenius tip of the month:

 More and more members are using online sign ups, but occasional problems pop up as we're learning.

If you have difficulty, please send an email to LFGC024@gmail.com or call Mary Nokes to let us know the details (what you tried, what did or didn't happen, what device you were using.)

Here's one tip...

—Have trouble signing up from your mobile phone? Try clicking “go to full site” and see if things are easier.

—Or, look for a Sign Up Genius User at a future meeting and go through it together.

—We'll appreciate your teaching us what's going wrong. We can solve the problems if we understand what they are. And when it works, it's so easy! Thanks for supporting this new tool to make event organizing easier for the Club.



The Civic Gardening Group Fall Social will be held on
 Tuesday, October 18th 4-6 p.m.
 at Bonnie Rosenthal's house,
 7 Ponybrook Lane (75 Middle Street for GPS)

New volunteers welcome! Please join us
 if you are interested in working at one of our
 civic gardening sites.

RSVP to Bonnie: 973-557-6186
 or bonnie.rosenthal@gmail.com



Dahlia removal: When the frost comes, dig up your dahlias. Let them dry outside for no more than a day. If you want someone else to divide and store them, please label them according to color and height, remove the foliage, and deliver to 20 Hancock St. We will be looking for potters in late March.

Welcome New Members!

James C Wood Jr

Priya Kishnan

Please make the following changes in your yearbook:

Page 1: March 22 LFGC bus to flower show

Page 7: Members of LFGC serving on the GCFM board; add Kathy Leva, Middlesex District Director

Page 8 Landscape Design Council Consultants: Add new member Maureen O'Brien. FYI, Maureen is the Landscape Design School Chair

Page 25: Wed. Feb. 8 Power of Flowers (description is on the web)

Thurs. Mar. 23 Boston Flower and Garden Show

Page 26: Wed., May 17 LFGC Plant Sale


Page 28: Correct Bruins email to mandb082083@gmail.com

Page 29: Add Donna Burns, 138 Laconia St., Lexington 02420, 781-608-9020, itsmedonnab@aol.com

Page 34: Marge Kent's new address: 2 Lisa Drive, Woburn, MA 01801

Page 38: Joanne Plank's zip is 01742

Page 41: Add Joan Weinmayr, 49 East Street, Lexington, MA 02420, 781-862-9317, jweinmayr@aol.com

 In order to keep your yearbook up to date, please add new members as they appear in the newsletter.

Important Notice: If you have a change in your email, mailing address or phone number, please send this to LFGC024@gmail.org



Lexington Field & Garden Club

September Monthly Meeting

September 14, 2016

President Mary Nokes called the meeting to order at 10:00 a.m. and welcomed our guests: Ricki Pappo from GWAC, Vincent DaFormo and Kathleen Rowe. She thanked our greeters, Carol Tepper and Janice McDonough, as well as those providing this morning's refreshments: Joan Farr, Jane Fanburg, Ellen Purinton, Marilyn Ryngiewicz, Roberta Best and Cecille Platek. She also thanked Lillian Cohen for a lovely floral arrangement.

President Nokes announced that there was a sign up sheet for the compost facility tour of September 28.

Bonnie Rosenthal announced that the Environmental Studies School is starting a new series on November 3-4 in Lowell. She reported that the Civic Gardening groups have been working diligently despite the drought on traffic islands and other spaces over the summer

President Nokes announced that the Landscape Design Council classes, chaired by our member Maureen O'Brien, would take place on October 27-29 at the Massachusetts Horticultural headquarters in Wellesley.

The May meeting minutes, available on the website, were approved.

Harriet Hathaway announced Art-a-Blooming will place next week, September 23- 25, 11 am to 4 pm, at the Lexington Arts and Crafts Society.

Harriet then presented a 'horticultural minute' in which she talked about five good perennials for drought: coreopsis, heliopsis, liatris, echinacea and sedum.

As there was no new business, President Nokes adjourned this morning's meeting at 10:35 a.m. (The next monthly meeting will be an evening meeting at Keilty Hall, St. Brigid's Church, on October 19 with refreshments at 6:30 and program at 7.)

Vice President Mollie Nye introduced our speaker, Quentin Prideaux, who gave a most enlightening as well as entertaining presentation on climate change, its causes and implications, and the actions we need to take. Quentin urged us to Learn, Speak Up, Vote, Reduce use of energy, and to Join with others.

—Respectfully submitted Jane Beswick, for Deborah Thomson, Recording Secretary.



A quick update on the finances for the month of September.

There was minimal revenue generated while our costs for the month were \$2,425 which are broken down as follows:

- Yearbook \$1,140
- Art-A-Blooming \$810
- Civic Gardening \$230
- September Program \$100
- Misc. Other Costs \$145

—Respectfully submitted, Leslie Sargis

The New Member Social was held September 27 at the home of Barbara Shafer. After introductions were made, Linda Walsh shared her tips for putting the garden to bed in the fall.



Front row, left to right:
Ruthanne Igoe, Dave Kominz,
Louise Bayle, Marian Bruins.

Back row, left to right:
Trelawny Goodell, Bridget
Galdes, Phyllis Kominz,
Greta Ljung, Bill Bruins,
Bette Wolf, Maureen O'Brien



Sue Bush, Janice McDonough,
Louise Bayle, Joan Stoner,
Janet Erickson. Sue Hays,
Pat Costello, Greta Ljung,
Liz Haines, Shelly Henderson,
Barbara Shafer, Mary Nokes,
Bridget Galdes, Bette Wolf,
Kerry Weave, Ashley Rooney.

This group enjoyed a chilly tour of the Hartwell Avenue composting facility led by Kerry Weave of the DPW. We were told about the upcoming installation of solar panels, which will provide a canopy over much of the space where we stood, and the imminent purchase of a windrow turner, which will do in one day what now takes two weeks to accomplish. This facility will be the focus of the lecture at our general meeting on March 8.

🌿🌿🌿🌿 Back to School 🌿🌿🌿🌿

Fall is not only time for the children to return to school. You should go too!

The Garden Club Federation Of Massachusetts offers a variety of courses. Environmental Studies Schools cover all aspects of environmental issues. Two of the four schools will be held this fall. If you have questions, ask **Mary Nokes**, sekon.mary@gmail.com LFGC offers scholarships for all the schools. The application deadline is March 1, 2017 for schools in 2017

🌿 LANDSCAPE DESIGN SCHOOL

Series 15: Course III • October 27 to 29, 2016

Massachusetts Horticultural Society • 900 Washington Street Wellesley, MA 02482

For more information:

<http://gcfm.org/Portals/0/LDS/2016%20Course%20Trifold%20LDS.pdf>

Chairman: Maureen O'Brien; Registrar: Mary Nokes Both members of LFGC

🌿 ENVIRONMENTAL STUDY SCHOOL

Series 5, Course I: The Living Earth

Thursday & Friday, November 3 – 4, 2016 8:30 AM to 4:30 PM

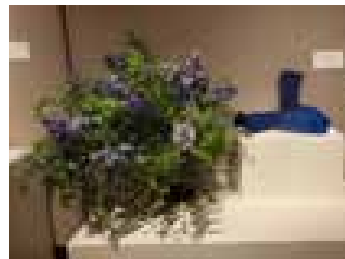
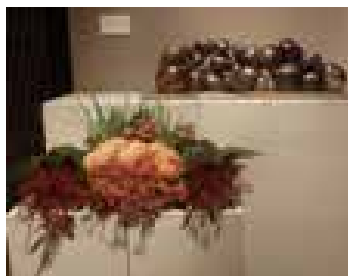
For more information:

[http://gcfm.org/Portals/0/ES/2016_ESS_registration_form%20\(1\).pdf](http://gcfm.org/Portals/0/ES/2016_ESS_registration_form%20(1).pdf)

Former Chairman: Bonnie Rosenthal, LFGC member



We had another successful **Art-A-Blooming** in September. Harriet Hathaway and Joan Farr, chairs from the garden club and Shirley King and Catherine Hubbard from Arts and Crafts did a spectacular job of organizing and setting up this amazing event, with help from many others Thanks to the 27 arrangers and 25 artists whose talents were showcased.



Useful links: Our area is rich with programs, lectures, and workshops of interest to gardeners. Rather than take space in this newsletter, we urge you to do your own detective work. Remember that we have passes to New England Wildflower Society and Tower Hill Botanic Garden.

WWW.TOWERHILLBG.ORG <http://massmastergardeners.org> <http://www.massshort.org>
www.newenglandwild.org <http://gcfm.org> <http://grownativemass.org> lexgwac.org

Hot Green Tips

Now that we are in October we have to prepare for fall.

- ✓ Cut back annuals (you might get a second flash of blooms) and perennials that have finished blooming, like bearded iris, peonies, oriental Poppies. Stop pruning your roses, or you will encourage young shoots that have no time to harden for winter. However, some plants should not be cut back until spring. These include Russian sage, Lavender, aster frikartii, candytuft and santolina, which do better if they enter winter with their foliage attached. Ornamental grasses and Autumn Joy sedum should also be left standing for their winter beauty.
- ✓ Any flowers with seeds, like Coreopsis, Echinacea, and thistles you might want to leave as food for the birds in winter.
- ✓ Remove brown foliage to give your garden a neat appearance.

- ✓ Remember to order your spring bulbs now.
- ✓ Hydrangeas: many people are confused about pruning them. The colorful ones, mopheads and macrophyla, form their buds on previous year's shoots. You want to cut the ragged flower heads and the branches they grew on right down to the ground, but do not prune the branches without side stems, as they are the ones that will bear flowers next season.
- ✓ Plant vegetables now for cold weather harvest, like spinach, arugula, radish.
- ✓ Think about the new crop of leeks and try them braised (white parts only) with prosciutto, topped with hollandaise
- ✓ Sauce baked in the oven. Surely Wilson Farm has recipes.

- ✓ If you are thinking of replacing a small tree or large bush, think about the native Shad Blow/Amalanchier. It is covered early in the spring with white flowers before the leaves come out. It is an early food for our bees. The blossoms turn into small red fruit. If you are lucky you can see a swarm of beautiful Cedar Waxwings stopping by and harvesting enthusiastically all the ripe fruit. They are very colorful and appear out of nowhere and disappear just as quick, it is quite a sight.

The fall turns the leaves orange red. Who knows, you might even find a beautiful work of art, a birds nest.

There is an interesting walk through Lincoln Park, the new invasive plant interpretive trail put up by the Lexington Conservation Stewards-- a self-guided Tour starting at Middleby Road entrance near Bridge School.

—Christel Mc Carthy

The Love of gardening... Is a seed once sown...That never dies.....Gertrude Jekyll

In Memoriam

Joseph Hudak

Member 1995–2005